



STELLA MATUTINA COLLEGE OF EDUCATION

(AUTONOMOUS)

Re-Accredited (4th Cycle) by NAAC at 'A' Grade

Ashok Nagar, Chennai – 600 083

| Tel: (+91) 44-24894262 | Email: smcedn@gmail.com, info@smcedn.edu.in | Web: smcedn.edu.in |

5.1.1 Reports of the Capability building and skill enhancement initiatives

1. Career and Personal Counselling

Special Lecture on Enhancing Communication Skills

Program Name	:	Enhancing Communication Skills
Date	:	09.10.2023
Resource person	:	Sr. Paul Mary, Assistant Professor, SMCE
No. of Students Involved	:	180

On 13th October 2023, a session on Enhancing Communication Skills was conducted by Sr. Paul Mary, Assistant Professor at Stella Matutina College of Education, with the participation of 180 students. The session aimed to equip educators with essential communication techniques to improve their instructional abilities. Sr. Paul Mary emphasized the importance of clear and effective communication in the classroom and beyond, offering practical tips for engaging students and fostering a positive learning environment. Participants were guided on verbal and non-verbal communication strategies, active listening, and conveying ideas concisely. This program played a crucial role in empowering future educators to enhance their communication skills, contributing to their overall academic and professional growth.

Outcome of the Session

Participants gained practical communication skills, enhancing their ability to engage students effectively and foster a positive learning environment.

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Orientation on Mentoring and Counselling session

Program Name	:	Orientation on Mentoring and Counselling session
Date	:	09.10.2023
Resource person	:	Mrs. J. Rubina. Assistant Professor of Psychology, SMCE
No. of Students Involved	:	180

On 09.10.2023, a session on Mentoring and Counselling was conducted by Mrs. J. Rubina, Assistant Professor at Stella Matutina College of Education, focusing on the critical role of guidance and support for students. The session highlighted the importance of mentoring and counseling in fostering students' academic, personal, emotional, and social development. Mrs. Rubina provided insights into effective strategies for mentors and counselors to help students overcome challenges and achieve success. The participants explored techniques for building trust, providing emotional support, and encouraging personal growth. This session emphasized the need for a nurturing environment in educational institutions, where students feel supported in their journey toward holistic development and excellence.

Outcome of the Session

Participants learned effective mentoring and counseling strategies to support students' academic, emotional, and personal growth, fostering holistic development.

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Special Lecture on Career Development

Program Name	:	Career Development
Date	:	13.10.2023
Resource person	:	R. M. Tamil Selvan, Assistant Professor of Special Education, TNOU, Saidapet
No. of Students Involved	:	174

On 13.10.2023 a session on Career Development was conducted by Mr. Tamilselvan, Assistant Professor at Tamil Nadu Open University (TNOU). The session aimed to equip student teachers with essential skills and knowledge to prepare them for future careers. Participants explored topics like career planning, guidance, and the various opportunities available to them in the education sector. Mr. Tamilselvan emphasized the role of educators in mentoring and guiding students toward successful career paths, fostering a proactive approach to career development. The session encouraged participants to reflect on their personal and professional goals, interests, and the steps needed to achieve them. It empowered them to make informed career choices and provided valuable insights into career growth and advancement.

Outcome of the Session

Participants gained clarity on personal and professional goals, and were equipped with skills to pursue and achieve their career objectives.

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Workshop on Social and Emotional Learning

Program Name	:	Workshop on Social and Emotional Learning
Date	:	16.02.2024
Resource person	:	Bhumi Foundation, Chennai
No. of Students Involved	:	150

On 16th February 2024, a Workshop on Social and Emotional Learning was conducted by Bhumi Foundation, Chennai, with 150 B.Ed. teacher trainees participating. The session was highly interactive, promoting active involvement and collaboration among the participants. The trainees were divided into small groups, each assigned various topics and case studies related to social and emotional well-being. This group discussion allowed the participants to explore practical approaches to fostering emotional intelligence, empathy, and social awareness in educational settings. Each group then presented their insights and proposed solutions, creating a dynamic exchange of ideas. The workshop highlighted the importance of integrating social and emotional learning into classrooms, equipping future educators with tools to support holistic student development.

Outcome of the Session

Participants gained practical strategies to integrate social and emotional learning into classrooms, enhancing their ability to support students' well-being.

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Special Lecture on Career Choices

Program Name : Special Lecture on Career Choices

Date and Time : 10.01.2024, 1 hr

Resource Person : Mrs. Meenakshi Mohankumar, Educational Specialist, Centre of Science of Student Learning

Number of students involved : 159

Stella Matutina College of Education organized a special lecture on Career Choices on 10th January 2024 for 159 students. The session was led by Mrs. Meenakshi Mohankumar, Educational Specialist at CSSL and an esteemed alumna of the college. Mrs. Mohankumar shared insights into various career opportunities available to B.Ed. graduates beyond traditional teaching roles. She emphasized the importance of skill development to meet the demands of the modern job market, recommending the use of online platforms for upskilling. The resource person also discussed how to stay updated on job opportunities and elaborated on the availability of online teaching jobs. The session proved highly beneficial, offering students a broader perspective on career options and encouraging them to diversify their professional pathways.

Outcome of the session

The session broadened students' understanding of diverse career paths, empowering them to explore opportunities beyond traditional teaching roles.

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Orientation on Resume Making

Program Name: Orientation on Resume Making

Date and Time: 17.02.2024

Resource person: Dr .Sr .M. Irudhaya Mary, Assistant Professor, Department of English, Stella Matutina College of Education

No. of Students Involved: 172

The Placement Cell of Stella Matutina College of Education organized a Career Guidance Program on Resume Making on 17th February 2024 for 133 second-year student teachers. Dr. Sr. Irudhaya Mary led the session, emphasizing the significance of a well-crafted resume in job applications. Along with theoretical insights, hands-on training was provided, guiding students step by step in preparing their resumes. Dr. Sr. Irudhaya Mary gave valuable tips on creating both creative and well-informed resumes, highlighting sections such as personal details, education, skills, and experiences. Students found the practical approach and personalized advice extremely helpful, equipping them to effectively present their qualifications for future job opportunities. The session was highly beneficial and enriched their understanding of resume preparation.

Outcome of the session

The program empowered students with practical skills to create effective, well-structured resumes, enhancing their career readiness and confidence.

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PSLV for Prospective Teachers

Program Name: PSLV for Prospective Teachers

Date and Time: 02.03.2024

Resource Person: Mr. Nandhu Matta, Instructor in English

Number of students involved: 106

Stella Matutina College of Education organized a Career Guidance Program for 2nd-year B.Ed. students on the topic "PSLV for Prospective Teachers" on 02.03.2024

. Mr. Nandhu Matta, Instructor in English, served as the resource person for the event. He delivered an engaging talk on essential soft skills that every teacher must possess to create an effective classroom environment. His presentation emphasized the importance of understanding student psychology and methods for effectively engaging students. The student teachers actively participated, gaining valuable insights into the skills required for successful teaching. The program helped students understand the importance of soft skills in managing classrooms and fostering positive relationships with students. It was highly beneficial in preparing them for their future roles as educators.

Outcome of the session

The session equipped student teachers with essential soft skills, enhancing their ability to manage classrooms and effectively engage with students.

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Career Guidance Program

Program Name	: Career Guidance Program
Date and Time	: 12.03.2024
Resource Person	: Mrs. Gita Prabhu, Director of AIMS Education, Mr. Rahul, Faculty member of AIMS Education and Mrs. Sujatha, Recruitment In- Charge of AIMS Education
Number of students involved	: 157

The Placement Cell of Stella Matutina College of Education organized a Career Guidance Program for 2nd-year B.Ed. students focused on essential teaching skills. The resource persons for the day were Mrs. Gita Prabhu, Director of AIMS Education, Mr. Rahul, Faculty Member of AIMS Education, and Mrs. Sujatha, Recruitment In-Charge of AIMS Education. Mrs. Gita Prabhu emphasized the importance of effective teaching and creating a classroom environment that encourages active student participation. Mr. Rahul motivated the student teachers to implement student-centered, activity-based learning, fostering enthusiasm for the subject. Mrs. Sujatha inspired the students and gathered information from those interested in joining AIMS Education. The session provided valuable insights into enhancing classroom dynamics and career opportunities.

Outcome of the Session

The program highlighted the importance of maintaining an effective student-centered classroom for enhanced learning outcomes.

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2. Skill enhancement in academic, technical and organizational aspects

Ice Breaking Session

Program name: Ice Breaking Session

Date and Time: 26.09.2023

Resource Person: Mr. S. Gokula Kannan, Social Worker, Chennai

No. of students involved: 180

Mr. S. Gokula Kannan, a distinguished social worker from Chennai with accolades from various non-profit organizations and the Government of India, conducted an engaging ice-breaking session for student teachers. His extensive experience brought depth to the workshop, which featured a range of fun and innovative activities aimed at fostering teamwork, communication, and focus. Mr. Kannan emphasized the importance of these skills, underscoring their vital role in effective teaching and in building a better society. The interactive session not only made learning enjoyable but also highlighted how these attributes are integral to the educational field. The session concluded with a feedback round where student teachers enthusiastically shared their positive experiences and insights gained. Mr. Kannan's session played a pivotal role in equipping future educators with essential skills for their professional journey.

Outcome of the Session

The program enhanced student teachers' teamwork, communication, and focus, preparing them with essential skills for their teaching careers.

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Special Lecture on PM e-Vidhya Scheme /NILP Scheme

Program name: Special Lecture on PM e-Vidhya Scheme /NILP Scheme

Date and Time: 26.09.2023

Resource Person: Mr. S. Gokula Kannan, Social Worker, Chennai

No. of students involved: 180

Dr. G. Umamageshwari, Assistant Professor of Education at SMCE, delivered an informative session on the PM e-Vidhya scheme, which consolidates digital, online, and on-air education efforts to provide multi-modal access for nearly 25 crore schoolchildren nationwide. The session proved invaluable for student teachers, preparing them to inform and educate their future students about these educational initiatives.

Following this, Dr. P. Caroline Sorna, Assistant Professor of Mathematics, discussed the "New India Literacy Programme," initiated in 2022 to combat illiteracy. The program aims to educate 5 crore people by 2027, at a rate of 1 crore people annually.

Both sessions were highly beneficial, providing student teachers with crucial insights into government schemes that can significantly impact the education system, and preparing them to pass on this knowledge to their future students.

Outcome of the Session

The session equipped student teachers with knowledge of key educational schemes, enabling them to guide and educate future students effectively.

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Special Lecture on Dhuruv Scheme /Samagra Shiksha Abhiyan Scheme

Program name: Special Lecture on Dhuruv Scheme /Samagra Shiksha Abhiyan Scheme

Date and Time: 26.09.2023

Resource Person: Dr. Mrs. S. Arockia Elizabeth Josephine, Asst. Prof of Biological Science

No. of students involved: 180

Dr. S. Arockia Elizabeth Josephine, Assistant Professor of Biological Science at Stella Matutina College of Education, delivered a special lecture on the Dhuruv Scheme, a part of the Samagra Shiksha Abhiyan introduced by the Central Government of India in collaboration with MHRD and ISRO. She thoroughly explained the scheme's purpose, which aims to identify and train talented students as future scientists and soldiers.

Dr. Josephine also provided insights into the Samagra Shiksha Abhiyan, outlining its objectives to improve school education across India. She highlighted various sub-schemes, budgeting strategies, and the initiatives already achieved under this comprehensive program. The lecture offered student teachers valuable knowledge about how these educational initiatives can transform India's youth into skilled professionals.

Outcome of the Session

The program enhanced student teachers' understanding of national educational schemes, empowering them to support and guide future students effectively.

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Special Lecture on Celebrating Teaching Profession

Program name: Special Lecture on Celebrating Teaching Profession

Date and Time: 03.10.2023

Resource Person: Hema Raju, Psychologist, Therapist and Personal Coach, Chennai

No. of students involved: 195

The event "Celebrating Teaching Profession" featured Ms. Hema Raju, founder of The Infinite Brain and a renowned manifestation coach. With a master's degree in psychology and business administration, she has received accolades such as the Peace Award from The Lincoln Book of Records and the Visionary Women Award from Max Life. Ms. Hema discussed the crucial role of self-care for teachers, highlighting its importance in inspiring students. She explored the reasons behind student teachers' career choices and emphasized qualities essential for modern educators: being a change agent, inspiring others, and fostering self-love within students. Ms. Hema shared strategies for enhancing self-esteem, advocating for emotional authenticity, and cultivating gratitude. The session concluded with a 20-minute meditation, reinforcing the importance of mindfulness in teaching.

Outcome of the Session

Create a stronger sense of appreciation and support for teachers while inspiring action to enhance the teaching profession and, ultimately, the quality of education in our communities.

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Demonstration on Saree Draping & Hair Dressing

Program name: Demonstration on Saree Draping & Hair Dressing

Date and Time: 03.10.2023

Resource Person: Mrs. Devi, Beautician, Chennai

No. of students involved: 195

The "Saree Draping & Hair Dressing" workshop, organized by Stella Matutina College of Education and led by beautician Mrs. Devi, emphasized the importance of professional grooming for the teaching community. During the session, Mrs. Devi demonstrated three fundamental hair bun styles ideal for everyday wear, highlighting the significance of appropriate grooming and makeup in a professional setting. She also shared valuable health tips for maintaining healthy, natural skin, encouraging participants to prioritize self-care and well-being. The interactive nature of the workshop allowed student teachers to engage actively and understand how personal presentation affects their confidence and interactions with others. Overall, the session was enlightening, equipping participants with essential skills to enhance their professional image in the classroom.

Outcome of the Session

Participants gained essential skills in saree draping and hair styling, enhancing their professional image and boosting self-esteem through personal presentation.

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Special Lecture on A-Z Role of a Teacher

Program name: Special Lecture on A-Z Role of a Teacher

Date and Time: 04.10.2023

Resource Person: Mrs. Belina Xavier, Associate Controller of Examination

No. of students involved: 195

The special lecture titled “A-Z Role of a Teacher” was conducted by Dr. Belina Xavier, Associate Controller of Examinations and Associate Professor of Physics at Stella Maris College, Chennai. An esteemed alumnus of Stella Matutina College of Education, Dr. Xavier once served as the union president during her student years. The session covered essential elements of the classroom, the learning process, and the fundamental need for teaching. Dr. Xavier highlighted the various roles and types of teachers, emphasizing the core values inherent in the profession. The talk concluded with a discussion on the significant influences teachers have on their students and the commitment required to foster a positive educational environment. Participants left inspired and equipped with a deeper understanding of the teaching profession's impact.

Outcome of the Session

Participants gained a comprehensive understanding of a teacher's multifaceted roles, values, and the significant impact of teaching on students' lives.

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Special Lecture on Teacher as a Humanitarian

Program name: Special Lecture on Teacher as a Humanitarian

Date and Time: 04.10.2023

Resource Person: Mrs. Mercy Premeela, an Advocate, Activist and Humanitarian

No. of students involved: 195

The session on “Teacher as Humanitarian” was conducted by Mrs. Mercy Premeela, an Advocate, Activist, and Humanitarian. She engaged students in a thought-provoking discussion about the concepts of sympathy and empathy, encouraging them to reflect on their actions towards themselves and others. Mrs. Premeela highlighted the discrimination and barriers still prevalent in society, emphasizing the importance of understanding diverse perspectives and emotions. She shared insights about various NGOs, including NIMHANS and BHUMI, that work towards humanitarian causes and her volunteering experiences with the UNO. The students demonstrated great interest in these organizations, actively inquiring about opportunities and methods to get involved. Mrs. Premeela responded enthusiastically, inspiring future educators to engage in humanitarian efforts and make a positive impact in society.

Outcome of the Session

Student teachers embraced the humanitarian role in education, fostering compassion and empathy, which will positively influence their future students' lives.

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Demonstration cum lecture on Yoga Demonstration

Program name: Demonstration cum lecture on Yoga Demonstration

Date and Time: 04.10.2023

Resource Person: Mrs. Kamatchi Devi, Yoga Trainer

No. of students involved: 195

The "Demonstration of Yoga" session, conducted by experienced yoga teacher Mrs. Kamatchi Devi, was a highly engaging experience for all participants. With over 15 years of expertise, she passionately shared her knowledge on the numerous benefits of regular yoga practice, emphasizing its impact on physical, mental, and emotional well-being. The workshop featured a practical approach, where Mrs. Kamatchi Devi demonstrated approximately 20 asanas, encouraging active participation. Participants were provided with ample space for movement, allowing them to observe and practice each asana in real time. Key points highlighted included the importance of yoga in promoting a balanced lifestyle and enhancing overall health. The interactive nature of the session fostered an enriching learning environment for all involved.

Outcome of the Session

Participants gained practical skills in yoga, enhanced their understanding of its benefits, and developed a commitment to regular practice.

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Special Lecture on NEP in Teacher Education

Program name: Special Lecture on NEP in Teacher Education

Date and Time: 05.10.2023

Resource Person: Prof. S. Mani, Professor & Head, Dept. of Educational Planning and Administration, Tamil Nadu Teachers Education University, Chennai

No. of students involved: 195

The day began with an insightful session on the New Education Policy (NEP) in Teacher Education, led by Prof. S. Mani, Professor and Head of the Department of Educational Planning and Administration at Tamil Nadu Teachers Education University. He highlighted the transformative changes introduced by NEP and emphasized the necessity for educators to adapt accordingly. Key discussions revolved around curriculum revisions, pedagogical adjustments, and the significance of promoting critical thinking and problem-solving skills among students. Participants actively engaged in meaningful dialogue, reflecting on the practical implications of NEP within their college context. The program aimed to equip student teachers with a comprehensive understanding of NEP in Teacher Education, inspiring them to actively contribute to the ongoing evolution of teacher education to address the needs of 21st-century learners.

Outcome of the Session

The program equipped student teachers with a deep understanding of NEP, inspiring proactive participation in transforming teacher education for modern learners.

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Celebrating diversity in Gender & Sexuality

Program name: Celebrating diversity in Gender & Sexuality

Date and Time: 05.10.2023

Resource Person: T.G Nalina, LGBTQ Activist, Actress, Chennai

No. of students involved: 195

The resource person, Ms. Nalina, emphasized the importance of inclusivity and equality in educational institutions. Through insightful presentations and discussions, the session promoted awareness, understanding, and acceptance of diverse gender identities and sexual orientations. Educators left with a stronger commitment to creating safe and inclusive spaces for all students. The day concluded with an extended session on the college's forthcoming Introduction Day, where educators and staff collaborated on planning activities and logistics to ensure a warm and engaging welcome for new students and their families.

Outcome of the Session

The program aimed to create educators who are informed, compassionate, and dedicated to celebrating diversity, fostering a more inclusive educational community.

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Orientation on Values, Ethics, and Environment Consciousness

Program name: Orientation on Values, Ethics, and Environment Consciousness

Date and Time: 06.10.2023

Resource Person: Dr. J. George Bernardshaw, Secretary, Dindigul.

No. of students involved: 200

The event, presided over by Rev. Fr. Dr. J. George Bernardshaw, focused on the importance of values, ethics, and environmental consciousness. As an expert in mental health rejuvenation, Fr. Bernardshaw highlighted the critical role of childhood in shaping one's life and stressed the importance of self-awareness and nurturing individual qualities from an early age. He introduced the concept of the "inner pilot," the driving force behind decision-making, and referenced philosophers and psychologists like Aristotle, Konrad, and John Bowlby. He discussed key psychological theories such as psychoanalysis, object relations, and attachment. Emphasizing the significance of early influences on a child's development up to age six, he concluded by underscoring the importance of teacher-child bonding.

Outcome of the Session

The session empowered educators to foster value-driven learning, emphasizing early childhood development, self-awareness, and strong teacher-child bonds.

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Special Lecture on Constitutional Values

Program Name : Special Lecture on Constitutional Values
Date and Time : 09.10.2023
Resource person : Mr. Simon, Advocate, Madras High Court
No. of Students Involved: 190

On October 9, 2023, a captivating session titled "Constitutional Values" featured Mr. Simon, a prominent Advocate from the Madras High Court. This session drew a diverse audience, particularly student teachers, eager to explore the contemporary relevance of constitutional law.

Mr. Simon's presentation proved enlightening and thought-provoking, providing student teachers with a deeper understanding of the principles underlying the Indian Constitution. He adeptly explained the significance of fundamental rights, directive principles, and the judiciary's pivotal role in upholding these Constitutional Values. Practical examples and real-life scenarios illustrated his points, making constitutional law accessible.

The interactive Q&A segment fostered engaging discussions and provided student teachers with opportunities to seek clarifications on various topics. Mr. Simon's emphasis on the practical application of Constitutional Values left a lasting impact, motivating attendees to incorporate these principles into their teaching profession. The program aims to equip student teachers with foundational knowledge about Constitutional Values to better prepare them for nurturing the future generation of the nation.

Outcome of the Program

The program enhanced student teachers' understanding of Constitutional Values, motivating them to integrate these principles into their future educational roles.

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Teaching – A Multi – Dimensional Professional

Program name: Teaching – A Multi – Dimensional Professional

Date and Time: 11.10.2023

Resource Person: Karthik Kannan , Freelance NLP Trainer..

No. of students involved: 200

The session on “Multi Dimension Profession” was presided by Mr. Karthik Kannan Placement trainer, NLP Trainer and Entrepreneur. He started the session with the famous Tamil dialogue, He differentiated the difference between Coach Vs Consultant Vs Mentor Vs Trainer. He insisted the common objective between these professions to enhance human performance. He stated that Self-Assessment is very important for an efficient teacher. He advised to create account in LinkedIn to improvise an individual. He stated that together everyone achieves goal method. Followed by he also conducted activity session to interact with student teachers and students actively participated in the activities. The Theme of activity railway station and circus student acted according to the theme given. He concluded with feedback for the session.

Outcome of the Session

The session encouraged student teachers to explore diverse career options, enhancing their understanding and inspiring informed, fulfilling career choices.

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Workshop on Visual Art

Program Name : Workshop on Visual Art
Date and Time : 11.10.2023 to 13.10.2023
Resource person : Mrs. Jayashree Narayanan, Fecicryl Certified Specialist,
Pidilite Industries
No. of Students Involved: 199

The Visual Art Workshop, held from October 11 to 13, 2023, as part of the Art Integrated Learning course, provided a transformative experience for teacher trainees. Led by Mrs. Jayashree Narayanan, a Fecicryl Certified Specialist, the workshop introduced various visual art forms, including fabric painting, glass painting, mural creation, pot painting, and jewelry making. These techniques were selected to help participants develop creative teaching materials for their subjects. Under Mrs. Narayanan's guidance, trainees enhanced their artistic skills and learned to incorporate these art forms into their teaching. The workshop fostered collaboration, interdisciplinary learning, and the exchange of ideas among participants. Ultimately, it empowered trainees to create innovative, engaging materials, equipping them to become inspiring educators.

Outcome of the Program

Enhanced creativity and integration of visual arts into teaching materials, fostering innovative and engaging teaching practices.

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Healthy Recipes for the Planet

Program name: Healthy Recipes for The Planet

Date and Time: 17.10.2023

Resource Person: Mrs. Seethalakshmi, Naturalist and Organic Dietitian

No. of students involved: 140

The Biological Science Department organized a cooking event on the theme "Healthy Recipes for the Planet," with Mrs. Seethalakshmi, a Naturalist and Organic Dietitian, as the resource person. Mrs. Seethalakshmi shared her personal experiences and highlighted the benefits of adopting a healthy, organic diet.

Over 14 teams, each consisting of 10 student teachers, participated with great enthusiasm, preparing various healthy recipes. Dr. Josephine and Mrs. Seethalakshmi tasted the dishes and praised the participants for their creativity and active involvement. Mrs. Seethalakshmi also offered valuable insights into the medicinal properties of various vegetables and millets. She explained how ingredients like turmeric and ginger have anti-inflammatory properties, and millets aid in digestion and reduce the risk of chronic diseases, emphasizing their importance in daily diets.

The event fostered an understanding of healthy eating habits, sustainable food practices, and the role of food in promoting long-term health and well-being.

Outcome of the program:

The session promoted healthy eating, sustainable practices, and increased awareness of the medicinal benefits of vegetables and millets.

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Field Visit to Birla Planetarium

Program name: Field Visit to Birla Planetarium

Date and Time: 13.03.2024

No. of students involved: 190

On March 13, 2024, 190 teacher trainees from Stella Matutina College of Education visited the Birla Planetarium in Chennai for an enriching field trip. The highlight of the visit was an immersive show on the formation of the universe and the solar system. Through stunning visuals and detailed explanations, the trainees gained a deeper understanding of celestial bodies, the Big Bang theory, and planetary movements. Another major attraction was the Science Park, featuring interactive exhibits on space exploration and scientific phenomena. This visit was highly beneficial for teacher trainees, offering them a unique, practical learning experience. The knowledge gained will enable them to teach complex topics in science and astronomy more effectively, making learning engaging and inspiring for future students.

Outcome of the program:

The visit enhanced teacher trainees' understanding of astronomy, empowering them to teach complex scientific concepts more effectively and engagingly.

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Financial Literacy and Cyber Security Awareness

Program Name : Financial Literacy and Cyber Security Awareness
Date and Time : 08.11.2023
Resource person : Mr. Francis Felix Joseph, Financial Educational
counselor, ICICI Foundation for Inclusive Growth
No. of Students Involved: 196

Stella Matutina College of Education organized a session on Finance Literacy Awareness on November 8, 2023. Mr. Francis Felix Joseph, a Financial Educational Counselor from ICICI Foundation for Inclusive Growth, enlightened 196 students about the purpose of finance, banking details, and the significance of maintaining security in financial transactions.

During the session, Mr. Joseph emphasized the importance of caution regarding unknown callers, the secure use of mobile phones, and the avoidance of sharing personal details and passwords. He highlighted the risk of using birthdates as passwords on social media and mobile phones. Using a comprehensive PowerPoint presentation, the speaker elaborated on finance, focusing particularly on the importance of credit cards and guiding students on loan investments in banks. The session served as a valuable guide, instilling awareness about financial literacy and prudent handling of bank details among the participants.

The outcome of the Program

The program heightened financial literacy, emphasized security measures, and instilled awareness about the responsible handling of personal and banking information.

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Talk on Mensural Hygiene

Program Name	: Talk on Mensural Hygiene
Date and Time	: 04.01.2024
Resource Person	: Ms. Regina, CEO and founder of Englang
Cafe No. of Students Involved	: 180

The Menstrual Hygiene Program, led by Ms. Regina, CEO of Englang Cafe, successfully heightened awareness and understanding of menstrual health. Through expert-led sessions, participants gained insights into hygiene practices and debunked myths, learning practical tips for stress-free menstrual days and maintaining a healthy lifestyle. Interactive discussions, including student teachers, fostered diverse perspectives and insightful dialogue. As a gesture of support, sample Whisper sanitary pads were distributed to all attendees. Equipped with valuable knowledge, participants left empowered to combat menstrual stigma. The program's impact transcends mere education, catalyzing a cultural shift towards greater acceptance and support for menstrual health.

Outcome of the session:

Increased awareness and understanding of menstrual hygiene, breaking stigma, fostering dialogue, and empowering participants with valuable knowledge.

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Women's Health and Wellness

Program Name: Women's health and Wellness

Date and Time: 22.03.2024

Resource Person: Dr. Jaya Chitra Suresh, a senior consultant Department of Family Medicine at MGM Healthcare

No. of Students Involved: 180

The Women's Health and Wellness Program, led by Dr. Jaya Chitra Suresh, Senior Consultant at MGM Healthcare, covered critical topics related to women's health. Dr. Suresh addressed issues such as menstrual cycles, breast cancer, PCOD, thyroid problems, and irregular menstrual cycles, providing valuable insights and practical advice on prevention and early detection.

The session was highly interactive, with Dr. Suresh encouraging students to ask questions and share concerns. Her patient and engaging approach created a comfortable environment, allowing students to openly discuss sensitive health issues.

Dr. Suresh's emphasis on proactive health care resonated well with the audience, equipping them with the knowledge and confidence to prioritize their well-being. The session was a valuable and empowering experience for all participants

Outcome of the Session

The session empowered students with knowledge on women's health, promoting early disease prevention and encouraging proactive self-care and wellness.

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Orientation and Documentary on Environment

Program Name: Orientation and Documentary on Environment

Date and time: 22.04.2024, 9:30A.M.

Resource Person: Mr. Aswin Kumar, Activations Supervisor, Environmental Foundation

No. of Students Involved: 158

On April 22, 2024, Stella Matutina College of Education's Eco Club, in collaboration with the Environmental Foundation of India, hosted an orientation and documentary screening on environmental awareness. Mr. Aswin Kumar, Activations Supervisor at the Environmental Foundation of India, served as the resource person. He provided valuable insights on Ramsar sites, water bodies, and the overlooked canals of Chennai.

Mr. Kumar emphasized the importance of canal maintenance and introduced bio enzymes as a sustainable solution for conservation. He also recounted Chennai's 2015 "Day Zero" crisis, which spurred numerous conferences on water scarcity. He discussed invasive species and encouraged ongoing environmental discussions. The event concluded with a call for responsible environmental stewardship to ensure a sustainable future.

Outcome of the Session

The session raised environmental awareness, promoting sustainable solutions and inspiring participants to take responsibility for conservation and water management.

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Plantation Drive in Regards to World Earth Day

Program Name: Plantation Drive in Regards to World Earth

Date and time: 22.04.2024, 11:00A.M.

Resource Person: Mr. Raja S Pandian, Manager - Ecochamp Project, Bhumi Foundation.

No. of Students Involved: 158

On April 22, the Eco Club at Stella Matutina College of Education, in collaboration with the Bhumi Foundation, organized a successful plantation drive to promote environmental conservation. Mr. Raja S Pandian, Manager of the Ecochamp Project at Bhumi Foundation, provided valuable insights on the importance of environmental balance and the vital role plants and water bodies play in preserving the ecosystem.

Participants actively planted saplings such as Tulasi, Ranakalli, and Radish, enhancing biodiversity on campus. Mr. Pandian's session highlighted the urgency of environmental preservation, inspiring attendees with the quote, "There is sufficiency in the world for man's need but not for man's greed." The event fostered a sense of collective responsibility toward sustainable living and conservation efforts.

Outcome of the Session

The session inspired participants to actively engage in environmental conservation, fostering responsibility and enhancing biodiversity through sustainable practices.

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Eco Champs Nature Education Program

Program Name: Eco Champs Nature Education

Date and time: 29.04.2024, 12 P.M.

Resource Person: Mr. Raja S Pandian, Manager - Ecochamp Project, Bhumi Foundation.

No. of Students Involved: 150

On April 29th, the Eco Club at Stella Matutina College of Education, in collaboration with the Bhumi Foundation, held an orientation session for the Eco Champs Nature Education Program. Mr. Raja S Pandian, Manager of the Ecochamp Project, led the session, aiming to empower children as ambassadors of environmental sustainability through knowledge and skills.

The event underscored the significance of instilling environmental values in youth and fostering responsibility for the environment. Keerthana welcomed attendees, while Aishwarya expressed gratitude in her vote of thanks. The orientation covered the Bhumi Foundation's mission and the Eco Champs program, which spans five months and addresses topics such as ecosystems, waste management, composting, home gardening, ethical fashion, and water conservation. Mr. Pandian highlighted the transformative potential of active participation for students and future generations.

Outcome of the Session

Students gained valuable insights into environmental sustainability, empowering them to become responsible ambassadors for preserving the environment in their communities.

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Workshop on Right to Education

Program Name: Workshop on Right to Education

Date and time: 29.04.2024

Resource Person: Mr. Raja S Pandian, Manager - Ecochamp Project, Bhumi Foundation.

No. of Students Involved: 170

The workshop on the Right to Education organized by Stella Matutina College of Education featured Raja S. Pandian, Manager at the Ecochamp Project, Bhumi Foundation, as a distinguished resource person. Drawing from his extensive experience in educational initiatives, Pandian provided invaluable insights into the legal framework, policy implications, and practical strategies for implementing the Right to Education Act. Participants benefited greatly from his expertise, gaining a deeper understanding of navigating education policy complexities and exploring innovative approaches to ensure equitable access to quality education for all children. Collaborating with professionals like Pandian significantly enriched the learning experience, offering diverse perspectives and practical wisdom to enhance participants' educational practices and advocacy efforts, thereby adding substantial depth to the workshop's content and discussions.

Outcome of the Event:

Participants gained valuable insights into the Right to Education Act, enhancing their understanding of education policy and strategies for equitable access.

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Orientation on TET

Program Name: Orientation on TET

Date and time: 10.01.2024

Resource Person: Mr. Varadharajan and Mrs. Pradeep Varadharajan, DHOSH, Academy

No. of Students Involved: 159

On January 10, 2024, an Orientation Session on Teacher Eligibility Test (TET) coaching classes was held for the second-year student teachers of Stella Matutina College of Education. The session was led by Mr. Varadharajan, Head of DHOSTH Academy, alongside Mrs. Pradeepa Varadharajan.

The primary objective of the orientation was to inspire future educators to pursue government examinations, particularly the TET, and to emphasize the significance of this test in their teaching careers. Mr. Varadharajan provided insights into the structure of the exam, preparation strategies, and the various benefits of qualifying for government teaching positions. The session encouraged student teachers to actively engage in their professional development and recognize the opportunities that come with being certified educators. Overall, it was a motivational and informative experience for all attendees.

Outcome of the Session:

Student teachers were motivated to pursue government exams, particularly the Teacher Eligibility Test, understanding its significance for their teaching careers.

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Special lecture on Gender Dysphobia

Program Name: Special lecture On Gender Dysphobia

Date and time: 10.01.2024

Resource Person: Ms. Nalina Prasheetha, LGBTQ Activist & Actress

No. of Students Involved: 159

Stella Matutina College of Education hosted a groundbreaking seminar on gender dysphoria on 10th January, Miss Nalina Transgender, as a resource person, a renowned advocate for transgender rights and a prominent figure in the LGBTQ+ community, shared her personal experiences and insights during the seminar. Her engaging presentation provided a unique perspective on the challenges faced by individuals with gender dysphoria, shedding light on the importance of empathy, respect, and inclusivity.

The seminar aimed to educate student teachers about the challenges faced by individuals experiencing gender dysphoria and to foster a more inclusive and understanding environment within educational institutions. The seminar concluded with an interactive Q&A session, allowing participants to seek clarification and further explore the topic. Miss Nalina provided thoughtful responses, fostering a dynamic and open dialogue.

Outcome of the Session:

The session enhanced understanding of gender dysphoria among student teachers, promoting empathy and inclusivity while fostering open dialogue on transgender issues.

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One Day Workshop on Self Employment Training Programme

Program Name : One Day Workshop on Self Employment Training Programme
Date and time : 29.01.2024
Resource Person : Dr. Gracy Immanuel, Care Hearts Foundation and Mrs. Rajeswari , Managing Director , Ammu Naturals
No. of Students Involved: 153

On January 29, 2024, Stella Matutina College of Education hosted a one-day workshop on the Self Employment Training Programme, focusing on self-employment opportunities. Dr. Gracy Immanuel from Care Hearts Foundation and Mrs. Rajeswari, Managing Director of Ammu Naturals, served as resource persons. Mrs. Rajeswari provided an engaging overview of the health benefits of natural products available in stores and demonstrated how to prepare natural soaps and health drinks at home. The workshop featured a live demonstration, allowing students to see the preparation process firsthand. Enthusiastic participation from students was evident as they actively engaged in discussions and asked questions. By the end of the session, students were motivated to explore self-employment in natural products, fostering a commitment to healthier, sustainable living practices.

Outcome of the Session:

The workshop empowered students with skills in natural product preparation, inspiring interest in self-employment and promoting healthier, sustainable lifestyle choices.

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Revolutionizing Education and Economic Development

Program Name : Revolutionizing Education and Economic Development
Date and Time : 07.02.2024
Resource person : Ms.Bhuvaneshwari.S, Block Chain and Cryptocurrency Consultant
Organizer : Mrs.Mohanariya.K.S, CEO, Viludhugal
No. of Students Involved: 50

On February 7, 2024, Stella Matutina College of Education hosted a session on "Revolutionizing Education and Economic Development," featuring Ms. Bhuvaneshwari S., a Blockchain and Cryptocurrency Consultant. The event, organized by Mrs. Mohanariya K.S., CEO of Viludhugal, was attended by 50 student teachers, primarily those specializing in Commerce and Economics. Ms. Bhuvaneshwari provided an in-depth exploration of blockchain technology, detailing its structure as a decentralized and immutable ledger. She discussed its various applications, from enhancing transparency in financial transactions to securing healthcare records and improving supply chain traceability. The session highlighted the growing significance of blockchain in transforming economic and educational landscapes. Following her presentation, a Q&A session allowed students to engage directly with Ms. Bhuvaneshwari. Questions ranged from the technical aspects of blockchain to its future potential in education and finance. This interactive segment deepened the participants' understanding and clarified their doubts. The session was particularly valuable for Commerce and Economics student teachers, equipping them with knowledge that will enhance their teaching of modern financial systems.

Outcome of the Program

The session equipped student teachers with essential knowledge on blockchain's impact, enhancing their understanding of modern economic and financial systems.

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TET Foundation Course

Program Name	: TET Foundation Course
Date and Time	: 01.02.2024 to 02.03.2024
Organizing Agency	: Dhosth Academy
No. of Students Involved	: 92

Stella Matutina College of Education, in collaboration with Dhosth Academy, conducted an 18-day TET coaching workshop from February 1 to March 2, 2024, tailored for teacher trainees from Arts and Science streams. Dhosth Academy, known for its expertise in competitive exam coaching, provided valuable support by offering comprehensive study materials, both in e-book and hard copy formats. The workshop covered the entire TET syllabus, with expert instructors using interactive and effective teaching methods to enhance understanding. Participants also received a free one-year subscription to the Dhosth Academy app, which included model questions for each subject. This intensive program played a crucial role in preparing teacher trainees for government teaching exams, equipping them with the knowledge, resources, and confidence to succeed in the TET exam.

Outcome of the Program

The program yielded well-prepared students with comprehensive knowledge and access to valuable resources, enhancing their prospects for success in competitive exams.

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Special Lecture on Impact of Lifestyle Choices on Women's Cancer Risk

Program Name : Impact of Lifestyle Choices on Women's Cancer Risk
Date and Time : 08.02.2024
Resource Person : Dr P Jovita M Martin Daniel, Senior Consultant-Medical Oncology, MGM Cancer Institute
No. of Students Involved : 147

On February 8, 2024, Dr. P. Jovita M. Martin Daniel, Senior Consultant in Medical Oncology at MGM Cancer Institute, delivered an insightful talk on "The Impact of Lifestyle Choices on Women's Cancer Risk" at Stella Matutina College of Education. The session emphasized how modern lifestyle habits, often unknowingly, increase cancer risks in women. Dr. Jovita highlighted the link between increased fat tissue post-menopause, elevated estrogen levels, and the higher likelihood of developing breast cancer. She further explained how being overweight raises blood insulin levels, which are associated with certain cancers, including breast cancer. The student teachers gained valuable knowledge about how healthier lifestyle choices can significantly reduce cancer risks, motivating them to adopt habits that promote long-term health and well-being for women.

Outcome of the Program

The session increased awareness among student teachers about cancer risks, promoting healthier lifestyle choices to reduce cancer susceptibility in women.

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Talk on Women's Rights and Empowerment

- Program Name** : Talk on Women's Rights and Empowerment
Date and Time : 20.03.2024
Resource Person : Mrs.A.S.Kumari Vijaya kumar, Chair Person of
Tamilnadu State Commission for Women, Chennai.
No. of Students Involved : 350

Stella Matutina College of Education celebrated International Women's Day with a special event featuring Tamil Nadu Women's Commission Chairperson, A.S. Kumari, as the chief guest. The celebration began with the symbolic planting of trees by the resource person, promoting environmental awareness. A.S. Kumari then delivered an inspiring talk, sharing her personal journey of resilience and determination, which deeply motivated the students. She also addressed key issues such as social awareness, child welfare, and women's rights, emphasizing the importance of empowerment and justice. The chief guest explained how to access the Tamil Nadu Women's Commission in emergencies, discussed the provisions of the POSCO Act, and detailed the support systems for women and children facing crises. Helpline numbers were provided for students to contact the commission if needed, furthering their understanding of available resources.

Outcome of the Program

The session empowered students with knowledge on women's rights, emergency support systems, and inspired resilience through real-life success stories.

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3. Communicating with persons of different disabilities: Braille, Sign language and Speech training

Field Visit to St. Louis Institute of Deaf and Blind

Program Name : Field Visit to St. Louis Institute of Deaf and Blind
Date : 10.10.2023
Resource person : Rev. Br. Innasi Asir, Principal, St. Louis Institute of Deaf and Blind, Adyar
No. of Students Involved : 180

On October 10, 2023, the first-year B.Ed. students from Stella Matutina College of Education visited the St. Louis Deaf and Blind School in Adyar to gain practical insights into inclusive education and specialized teaching methods for students with sensory impairments. The students were warmly received and given a tour of the school's facilities, which were equipped with adaptive technologies like braille and sign language tools. The B.Ed. students observed classes, learning about the multi-sensory teaching methods used by the teachers, including sign language, tactile aids, and braille. Interaction with the deaf and blind students allowed them to appreciate their resilience. This visit significantly enriched their understanding of inclusive education, fostering a deeper respect for the teachers and students alike.

Outcome of the Visit

The visit enhanced B.Ed. students' understanding of inclusive education, inspiring them to adopt specialized teaching methods for sensory-impaired students.

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Inclusive Education in NEP 2020

Program Name	: Inclusive Education in NEP 2020
Date	: 11.10.2023
Resource person	: R. M. Tamil Selvan. Assistant Professor of Special Education. Anna Salai, Saidapet, Chennai - 600 015.
No. of Students Involved	: 180

The session on "Inclusive Education in NEP 2020," led by Mr. R.M. Tamil Selvan, was an enlightening session that provided valuable insights into the significance of inclusive education within the framework of the National Education Policy 2020 (NEP). As an Assistant Professor of Special Education, Mr. Tamil Selvan emphasized that knowledge alone is insufficient; every action is driven by emotion. He likened schools to microcosms of society and highlighted India's mantra of "unity in diversity," quoting Kaniyen Poongundranar's "Yaadhum Oore Yaavarum Kelir." Mr. Tamil Selvan classified individuals into three categories: men of action, men of reason, and men of leisure. He also discussed India's educational ranking and referenced specific pages in the NEP focusing on school and higher education. He concluded with the thought-provoking quote, "Inclusion is an invitation with greeting, not a competition as a goal."

Outcome of the Session

The session deepened understanding of inclusive education, inspiring participants to embrace NEP 2020's principles and foster unity and diversity.

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One-Day Seminar on Fostering Mental Resilience for School Students

Program Name	: One-Day Seminar on Fostering Mental Resilience for School Students
Date	: 05.03.2024
Resource person	: Fr. Franklin Raymond, OCD, Carmelite priest, counsellor, Ms. Shafaley Phebe, clinical psychologist
No. of Students Involved	: 160

On 5th March 2024, the IQAC of Stella Matutina College of Education organized a one-day seminar on fostering mental resilience for school students. Ninety students from 9 schools, along with 6 teachers and B.Ed. student teachers, participated. The seminar featured sessions on mindfulness, stress reduction, and coping mechanisms.

Fr. Franklin Raymond led the first session on building resilience, followed by an interactive session by Ms. Shanthi and Mr. Shankar from Sneha Foundation on stress identification. Clinical psychologist Ms. Shafaley Phebe concluded the seminar with practical approaches for fostering resilience. The event provided valuable tools for managing stress and supporting mental well-being, equipping students with crucial strategies for resilience.

Outcome of the Session

Participants gained practical strategies for stress management, mindfulness, and resilience, fostering improved mental well-being and coping skills.

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4. Capability to develop a seminar paper and a research paper; understand/appreciate the difference between the two

Research Colloquium

Program Name	: Research Colloquium
Date	: 19.09.2023
Resource person	: Dr. S. Amutha Associate Professor, Department of Educational Technology, Bharathidasan University, Tiruchirappali
No. of Students Involved	: 21

The Internal Quality Assurance Cell (IQAC) at Stella Matutina College of Education organized a Research Colloquium to enhance the research capabilities of M.Ed. scholars. Renowned education expert Dr. Amutha was invited to share her insights. She delivered an engaging presentation on current trends and challenges in educational research, drawing from her extensive experience. The colloquium featured interactive sessions where scholars engaged with Dr. Amutha, asking questions and seeking guidance on their research topics. She provided practical tips for improving research quality, particularly in refining research designs and methodologies. The event concluded with a discussion involving faculty and Dr. Amutha, focusing on challenges and opportunities in educational research. Participants expressed their gratitude for the valuable insights gained, especially from the research methodology workshop.

Outcome of the Session

Participants gained valuable insights into educational research trends, enhanced their methodologies, and received practical guidance, fostering their research capabilities.

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International Conference on Leveraging Inclusion to Accelerate Learning

Program Name : International Conference on Leveraging Inclusion to Accelerate Learning

Date : 20.11.2023

Resource person : **Prof. Dr. Michaela Vogt**, Faculty of Educational Science, Bielefeld University, Germany.

Prof. Sujata Bhan, Professor and Head, Department of Special education, SNDT Women's University, Mumbai.

Dr. P. Subramanian, Assistant Professor, Department of Educational Planning and Administration, Tamil Nadu Teachers Education University, Chennai.

Prof. Mumtaz Begum, School of Education, Pondicherry University, Puducherry and

Dr. Rita Rani Mandal, Associate Professor of English Education, Lady Willingdon Institute of Advanced Study in Education, Chennai .

Dr. A. Amarnath, Deputy Registrar, Department of Medical Science, NIEPMED

No. of Students Involved : 150

On November 20, 2023, Stella Matutina College of Education hosted the International Conference on "Leveraging Inclusion to Accelerate Learning," organized by the Internal Quality Assurance Cell (IQAC). Keynote speaker Prof. Dr. Michaela Vogt from Bielefeld University, Germany, highlighted the role of diversity and technology in promoting inclusive education. A plenary session led by Prof. Sujata Bhan addressed the challenges and strategies for inclusive education. The conference featured online and offline paper presentations and concluded with a valedictory session, including certificate distribution by Dr. A. Amarnath.

Outcome of the Session

The session promoted inclusive education by highlighting diversity, technology, and strategies for overcoming challenges.

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Seminar on Untended Aberrations in Research Reporting

Program Name : Untended Aberrations in Research Reporting
Date : 20.10.2023
Resource person : Dr. William Dharma Raja, Professor and Head ,
Manonmaniam Sundaranar University, Abishekapatti, Tirunelveli
No. of Students Involved : 50

On October 20, 2023, the Internal Quality Assurance Cell (IQAC) at Stella Matutina College of Education organized a seminar led by Dr. William Dharma Raja, Professor and Head, Department of Education, Manonmaniam Sundaranar University, Tirunelveli. Dr. Raja delivered an insightful presentation on common errors in research reporting and essential guidelines for producing high-quality research reports. The program included interactive sessions where faculty and research scholars engaged in discussions, received practical advice, and clarified doubts. Dr. Raja also shared a research thesis and faculty research log, providing hands-on experience in report preparation. The session received overwhelmingly positive feedback, with participants expressing gratitude for the valuable insights and practical knowledge shared.

Outcome of the Session

The session improved participants' research reporting skills, offering practical insights and addressing common errors.

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Research Colloquium

Program Name	: Research Colloquium
Date	: 16.03.2024
Resource person	: Dr. Rita Rani Mandal, Associate Professor, Lady Willingdon College of Education, Chennai
No. of Students Involved	: 34

The Internal Quality Assurance Cell (IQAC) at Stella Matutina College of Education recently organized a Research Colloquium to enhance the research capabilities of M.Ed. scholars. Dr. Rita Rani Mandal, an esteemed expert in education and research, was the keynote speaker. She delivered a compelling presentation on current trends and challenges in educational research, sharing insights from her extensive career. The colloquium featured interactive sessions where Dr. Rita engaged with scholars, offering personalized guidance, feedback, and practical tips to refine their research designs and methodologies. The event concluded with a discussion involving faculty members, addressing the opportunities and challenges in educational research. The research scholars gave overwhelmingly positive feedback, particularly appreciating the workshop's impact on improving their research projects and methodologies.

Outcome of the Session

The session enhanced scholars' research skills, offering valuable insights, personalized guidance, and methodological improvements.

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5. E-content development

Orientation on Swayam Courses

Program Name	: Orientation on Swayam Courses
Date and Time	: 11.10.2023
Resource person	: Dr. Sr. Sheeja Vayola, Assistant Professor of Education
No. of Students Involved	: 180

On October 11, 2023, an orientation session on SWAYAM Courses was conducted for teacher trainees at Stella Matutina College of Education, led by Dr. Sr. Sheeja Vayola, Assistant Professor of Education. The session aimed to familiarize students with the online courses available through the SWAYAM platform, emphasizing the importance of lifelong learning and professional development. Dr. Vayola encouraged participants to integrate SWAYAM courses into part of their curriculum, highlighting their significance in enhancing teaching skills. The session also focused on familiarizing students with the e-content offered by SWAYAM and inspired them to create their own e-content in future semesters. Overall, the orientation provided valuable insights into the benefits of utilizing online resources for academic and professional growth.

Outcome of the session

Participants gained valuable insights into SWAYAM courses, emphasizing lifelong learning and encouraging the development of their own e-content for future use.

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AI In Teaching

Program Name	: AI In Teaching
Date and Time	: 21.03.2024
Resource person	: Mr. Solomon Prabhakar, Senior Trainer, TATTI
No. of Students Involved	: 120

The session on "AI in Teaching" highlighted the transformative impact of AI tools in modern education. The speaker discussed how educators can effectively integrate AI into their teaching practices to enhance student learning and improve classroom management. Key benefits included automating routine tasks like grading and tracking student progress, allowing teachers to focus on meaningful student interactions. The session showcased AI-driven platforms that promote active learning, such as virtual tutors and adaptive learning systems, which engage students in grasping complex concepts. Educators were encouraged to thoughtfully choose AI tools that align with their teaching goals while integrating them with traditional methods. Free AI tools mentioned included ChatGPT, Khan Academy, Grammarly, and Gemini, fostering a dynamic, student-centered learning environment.

Outcome of the session

Participants learned to integrate AI tools in teaching, enhancing personalized learning and improving classroom efficiency.

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6. Online assessment of learning

Workshop on Story Board

Program Name : Workshop on Story Board
Date and Time : 20.07.2024
Resource person : Dr. Mrs.Arokica Elizabeth Josphine,Assistant
Professor, Stella Matutina College of Education
No. of Students Involved : 18

The "Workshop on Storyboard," held on July 20, 2024, featured Dr. Mrs. Arokica Elizabeth Josephine, Assistant Professor at Stella Matutina College of Education, as the resource person. The workshop aimed to introduce participants to storyboard applications, enabling them to create innovative lesson plans and instructional materials. Attendees gained valuable insights into implementing interactive teaching methods and conducting creative assignments and assessments. By emphasizing the importance of storyboards, participants were equipped to enhance classroom engagement and foster a dynamic learning environment. Dr. Josephine's expert guidance provided a deeper understanding of storytelling techniques, empowering student teachers to effectively integrate creativity into their teaching practices and inspire their students through engaging narratives.

Outcome of the session

Participants enhanced their skills in creating innovative lesson plans and engaging teaching methods through effective storyboarding.

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Workshop on Google Classroom Assessment Technique

Program Name : Workshop on Google Classroom Assessment
Technique
Date and Time : 20.07.2024
Resource person : Mr.Arun Josuha, Computer Teacher, Stella Matutina
College of Education
No. of Students Involved : 30

The "Workshop on Google Classroom Assessment Technique," conducted on July 20, 2024, was led by Mr. Arun Joshua, a Computer Teacher at Stella Matutina College of Education. This workshop focused on providing practical insights into utilizing technology for effective assessment within educational settings. Participants learned to leverage Google Classroom to create interactive assignments, enhance student engagement, and streamline the assessment process. Mr. Joshua demonstrated various features and functionalities of Google Classroom, allowing attendees to explore innovative methods for assessing student learning. By the end of the workshop, student teachers were equipped with valuable skills to integrate technology seamlessly into their teaching practices, ultimately improving teaching effectiveness and enhancing student learning outcomes in the classroom.

Outcome of the session

Participants gained practical skills in using Google Classroom for interactive assessments, enhancing student engagement and improving overall teaching effectiveness.

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Workshop on Socrative Application

Program Name	: Workshop on Socrative Application
Date and Time	: 20.07.2024
Resource person	: Dr. Mrs. Umamageshwari, Assistant Professor, Stella Matutina College of Education
No. of Students Involved	: 20

On July 20, 2024, Stella Matutina College of Education hosted a workshop on the Socrative Application, led by Dr. Mrs. Umamageshwari, Assistant Professor. This session aimed to introduce 15 student teachers to the fundamentals of using Socrative for testing and assessing students' knowledge. Participants gained practical skills crucial for contemporary assessment processes in education. Dr. Umamageshwari's expert guidance deepened their understanding of how to effectively leverage technology for educational purposes. The interactive format of the workshop encouraged engagement and enhanced comprehension among attendees. Overall, the session was instrumental in equipping student teachers with valuable tools and methodologies, empowering them to improve their teaching and assessment practices in their future classrooms.

Outcome of the session

Participants learned to effectively use the Socrative Application for enhancing assessment practices in education.

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Workshop on Quizzes

Program Name	: Workshop on Quizzes
Date and Time	: 28.12.2023
Resource person	: Mrs.Dafini Pinky.F, Assistant Professor, Stella Matutina College of Education
No. of Students Involved	: 15

The workshop aimed to provide student teachers with an orientation on quiz applications and their effective use in the teaching-learning process. Participants explored various features of quiz tools, learning how to create engaging and interactive quizzes to assess student performance. Mrs. Dafini emphasized the importance of quizzes as a formative assessment method that enhances student engagement and understanding. The session encouraged hands-on practice, allowing attendees to design their quizzes and receive feedback. Overall, the workshop equipped student teachers with valuable skills to integrate quizzes into their teaching methodologies, ultimately improving the assessment of student learning outcomes.

Outcome of the session

Participants gained essential skills in using quiz applications to enhance teaching effectiveness and assess student performance in a dynamic way.

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